# **A PEATC**

## Do You Know....

**About Virginia's Medicaid Waiver System** 



# **Factsheet for Virginia's Parents**

#### Virginia's Medicaid Waiver System:

Could you or your child benefit from services such as respite care, personal care, assistive technology, employment services, residential services, nursing care, and/or behavior supports? If so, you may want to check into Virginia's Medicaid Waiver program. In Virginia, Medicaid Waivers pay for a variety of services and supports for children and adults with developmental disabilities. They provide these supports so that the person can live successfully in the community instead of living in an institutional setting. In Virginia there are two waiver programs that individuals with disabilities may qualify for.

## 1) CCC+ Waiver

This waiver was designed for: adults 65+ with a medical or nursing need OR individuals less than 65 years old with a disability and a medical or nursing need.

This waiver does NOT currently have a waiting list, so if your child is found eligible, you will receive services right away. You can be on the wait list for the DD Waiver (which provides more services but has a long wait list) and while you are waiting, you can still receive waiver supports through the CCC+ Waiver IF your child qualifies.

A screening tool called the <u>Uniform Assessment Instrument (UAI)</u> will be used to see if your child qualifies for this waiver. To be found eligible for the CCC+ Waiver, an individual must meet requirements in ALL THREE of the following:

- Functional needs
- Medical/Nursing needs
- Be at risk of being placed in a nursing home within 30 days. The screening team must determine that, without the waiver services such as personal care or respite, the family will no longer be able to meet the child's needs, putting that child at risk for placement in a nursing home. Being at risk of placement in a nursing home does not mean that your child will be placed there. It simply means that without waiver services your child's health and safety are at risk.

#### \*\*IMPORTANT\*\*

It is important to know that for children and adults with developmental disabilities, the family's income is NOT considered. Only the income of the person with the disability is looked at.

#### **Background:**

Medicaid Waivers were developed to allow people with disabilities access to services in their home and communities instead of having to live in institutions in order to receive services and supports.

People with developmental disabilities living, working and playing in their own community is the norm not the exception.

#### **Contact Us:**

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### 2) Developmental Disabilities Waiver (DD Waiver)

This waiver serves individuals of any age with a developmental disability. There are three types of DD Waivers:

- Building Independence Waiver (BI) This waiver is for adults 18 years and older who are able to live independently and don't need supports all of the time.
- Family and Individual Supports Waiver (FIS) This waiver is for both children and adults. People with this waiver may live with their family, friends, or in their own homes and need some support doing so.
- Community Living Waiver (CL) This waiver is for both children and adults. People with this waiver usually require support in their home all the time.

To be eligible for one of the DD Waivers the person must meet the requirements in each of these areas:

- The person must be diagnosed with a development disability that affects their ability
  to live and work independently. It will be helpful to have a copy of any tests or
  professional evaluations that list your child's diagnosis and support needs.
- Functional needs The VIDES assessment will be used to determine eligibility in this area. There is a different VIDES assessment for <u>infants</u>, <u>children</u> and <u>adults</u>.
- Financial eligibility of the child (not the family) will be looked at.

Everyone who is found eligible for the DD Waiver will be added to the DD Waiver statewide waiting list and assigned a Priority Status. This status is based on how much and how quickly someone needs help. Currently, due to funding, waiver slots are only assigned to people who have Priority One Status.

While you are on the waiting list for a DD Waiver, you may be eligible for the <u>Individual</u> and <u>Family Support Program</u> as well as <u>Crisis Services</u>.

#### More information can be found at:

https://www.thearcofva.org/introduction-to-medicaid-waivers https://www.youtube.com/watch?v=Ony\_JCrK6kl http://www.mylifemycommunityvirginia.org Medicaid and Medicaid Waivers are different. Medicaid is a health insurance program for individuals with low income. In every state anyone with low income may apply for Medicaid. Medicaid for children is based on the parents' income which must be very low for the child to qualify. Medicaid for individuals 18 and older is based on the individual's income.

Medicaid Waivers are community-based supports and services such as respite care, personal care, job support, etc. Medicaid Waiver does not pay for medical services or therapies. If a person receives a Medicaid Waiver then they do also receive Medicaid health insurance but applying for a Medicaid Waiver is not the same as applying for Medicaid. Medicaid Waivers for children and adults are NOT based on their parents' income.

To request a screening for CCC+ Waiver Services contact your local Department of Social Services or your local Department of Health.

To request a screening for the DD Waiver, contact the Community Services Board for your county/city.

PEATC's mission focuses on building positive futures for Virginia's children by working collaboratively with families, schools and communities to improve opportunities for excellence in education and success in school and community life.

For more information about us, please contact:

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