Keeping Track of your Child's Mobile/Online Activity
A Resource Document

If your children want to hide something from you, they will always find ways to do it. **Educating your child on what is appropriate and also monitoring their online activities is so important.** Supervising your child`s keywords you can protect them from communication with online predators and cyberbullies while they are online. There are **many apps** that you can download to monitor your child's activities, including but not limited to keyword detection. **PEATC does not recommend any specific applications** so be sure to conduct your own research and pick the one that best meets your family's needs.

MSpy is a tool to monitor your child's phone activity remotely and find out if he is accessing inappropriate content. Includes immediate notification when specified keywords come up. https://www.mspy.com/

Mobile Tracker Free allows the activity on the device on which it is installed to be monitored from any other location that has internet access. Includes tracking of WhatsApp and Facebook messages. https://mobile-tracker-free.com/

IKey Monitor lets you keep track of all keystrokes on your child's phone no matter what app is open. It also allows you to block games or set limits on how much time can be spent on an app or on the phone. https://ikeymonitor.com/

Spy Phone App can record incoming and outgoing phone calls, SMS, and surroundings. It tracks GPS locations, browser activity and messages from applications like WhatsApp, Facebook, Viber, Skype, and Line.

XNSpy also allows tracking phone calls, emails, GPS location, SMS, and messaging chats, such as WhatsApp, Viber, Line, and Skype. It allows you to check saved photos and videos as well. https://xnspy.com/

These are just a few of the applications available to parents. It is important to have a balance between respecting privacy and **keeping your child safe in the online world.**

KEEP YOUR KIDS SAFE Online

Discuss Online Safety

- If you wouldn't write it or say it face to face or in front of your parents, don't text or post it.

- Everything you do on the web is there forever. Employers and colleges can look at your social media profile and use it as part of their decision-making.

- Children need to be taught not to engage with strangers on-line.

- Adult predators often pose as children or teens online. These people are very dangerous.

Don't let your children browse the internet without supervision until they are mature enough to do so safely. Many children do not understand the dangers of online activity.