

# Your Child's Developmental Milestones: AGES 3-5

## A Resource Document



Children learn and grow at their own pace. You know your child best! If you have concerns about your child's development, talk to your child's doctor about a developmental screening.

This is not an exhaustive list. Visit CDC's Learn the Signs, Act Early at [www.cdc.gov/ncbddd/actearly](http://www.cdc.gov/ncbddd/actearly) to see more milestones and learn about ways you can support your little one's growth and development. You can also download CDC's Free Milestone Tracker App.

<h3>3 Years</h3> 	<h3>4 Years</h3> 	<h3>5 Years</h3> 
<ul style="list-style-type: none"> <li><input type="checkbox"/> Shows affection without prompting</li> <li><input type="checkbox"/> Takes turns in games</li> <li><input type="checkbox"/> Understands "mine", "his", "hers"</li> <li><input type="checkbox"/> Dresses and undresses self</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Enjoys doing new things</li> <li><input type="checkbox"/> Would rather play with other children than himself and cooperates with others</li> <li><input type="checkbox"/> Is more creative with make-believe play</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Wants to please and be like friends</li> <li><input type="checkbox"/> Likes to sing, dance, and act</li> <li><input type="checkbox"/> Is aware of gender</li> <li><input type="checkbox"/> Shows independence and can be demanding</li> </ul>
<ul style="list-style-type: none"> <li><input type="checkbox"/> Follows 2-3 step instructions</li> <li><input type="checkbox"/> Can name most familiar things</li> <li><input type="checkbox"/> Can converse with 2-3 word sentences</li> <li><input type="checkbox"/> Understands words like "in", "on", and "under"</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Knows basic rules of grammar like, he/she</li> <li><input type="checkbox"/> Can sing a song or say a poem from memory</li> <li><input type="checkbox"/> Tells stories</li> <li><input type="checkbox"/> Can say first and last name</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Speaks very clearly</li> <li><input type="checkbox"/> Tells simple story using full sentences</li> <li><input type="checkbox"/> Uses future tense (i.e., will)</li> <li><input type="checkbox"/> Says name and address</li> </ul>
<ul style="list-style-type: none"> <li><input type="checkbox"/> Can work toys with buttons, levers, and moving parts</li> <li><input type="checkbox"/> Plays make believe with dolls, people, and animals</li> <li><input type="checkbox"/> Does puzzles with 3 or 4 pieces</li> <li><input type="checkbox"/> Builds towers of more than 6 blocks</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Knows some colors and some numbers</li> <li><input type="checkbox"/> Starts to understand time</li> <li><input type="checkbox"/> Remembers parts of a story</li> <li><input type="checkbox"/> Uses scissors</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Counts 10 or more things</li> <li><input type="checkbox"/> Can draw person with 6 or more body parts</li> <li><input type="checkbox"/> Can print some letters or numbers</li> <li><input type="checkbox"/> Copies some geometric shapes</li> </ul>
<ul style="list-style-type: none"> <li><input type="checkbox"/> Climbs well</li> <li><input type="checkbox"/> Runs easily</li> <li><input type="checkbox"/> Pedals a tricycle</li> <li><input type="checkbox"/> Walks up and down stairs one foot on each step</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Hops and stands on foot for up to 2 seconds</li> <li><input type="checkbox"/> Catches a bounced ball most of the time</li> <li><input type="checkbox"/> Pours, cuts with supervision, and mashes own food</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Stands on one foot for 10 seconds or longer</li> <li><input type="checkbox"/> Hops and may be able to skip</li> <li><input type="checkbox"/> Uses a spoon and fork, sometimes a table knife</li> <li><input type="checkbox"/> Uses toilet on his own</li> </ul>

The contents of this document were excerpted from *Learn the Signs, Act Early! Developmental Milestones: CDC's Developmental Milestones* | CDC (<https://www.cdc.gov/ncbddd/actearly/milestones/>)

