Babies learn and grow at their own pace. You know your child best! If you have concerns about your baby’s development, talk to your child’s doctor about a developmental screening.

This is not an exhaustive list. Visit CDC’s Learn the Signs, Act Early at www.cdc.gov/ncbddd/actearly to see more milestones and learn about ways you can support your little one’s growth and development. You can also download CDC’s Free Milestone Tracker App.

### 4 Months

- Smiles, especially at people
- Likes to play and cries when playing stops
- Copies movements and facial expressions
- Begins to babble with expression
- Has different cries for different reasons
- Copies sounds
- Responds to affection
- Reaches for toys
- Follows moving things with eyes
- Watches faces and recognizes familiar people and things at a distance
- Holds head steady without support
- May be able to roll from tummy to back
- Can hold a toy and shake it
- Brings hands to mouth
- Pushes up to elbows when on stomach

### 6 Months

- Know familiar faces
- Likes to play with parents and others
- Responds to others’ emotions
- Strings vowels together when babbling
- Responds to own name
- Begins to say consonant sounds (“m” “b”)
- Looks around at things nearby
- Brings things to mouth
- Is curious and tries to get things out of reach
- Begins to pass things from one hand to another
- Rolls over in both directions
- Begins to sit without support
- Supports weight on legs when standing
- Rocks back and forth
- May crawl backward before forward

### 9 Months

- May be afraid of strangers
- May be clingy with familiar adults
- Has favorite toys
- Makes lots of different sounds
- Understands no and points at things
- Copies sounds and gestures of other
- Looks for things you hide
- Puts things in her mouth
- Picks up things between thumb and index finger
- Plays peek-a-boo
- Stands, holding on
- Can get into sitting position
- Sits without support
- Pulls to stand
- Crawls
### Your Child’s Developmental Milestones: BIRTH TO 2

#### A Resource Document

<table>
<thead>
<tr>
<th>12 Months</th>
<th>18 Months</th>
<th>24 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Is shy or nervous with strangers</td>
<td>□ May have temper tantrums</td>
<td>□ Copies others, especially adults/older kids</td>
</tr>
<tr>
<td>□ Has favorite things and people</td>
<td>□ May be afraid of strangers</td>
<td>□ Gets excited when with other children</td>
</tr>
<tr>
<td>□ Repeats sounds or actions to get attention</td>
<td>□ Plays simple pretend games</td>
<td>□ Shows more independence</td>
</tr>
<tr>
<td>□ Puts out arm or leg to help with dressing</td>
<td>□ Points to show others something interesting</td>
<td>□ Shows defiant behavior</td>
</tr>
<tr>
<td>□ Responds to simple requests</td>
<td>□ Says several single words</td>
<td>□ Knows names of familiar people and body parts</td>
</tr>
<tr>
<td>□ Shakes head “no” or waves “bye-bye”</td>
<td>□ Says and shakes head “no”</td>
<td>□ Says sentences with 2-4 words</td>
</tr>
<tr>
<td>□ Says mama and dada</td>
<td>□ Points to show someone what he wants</td>
<td>□ Points to things or pictures when named</td>
</tr>
<tr>
<td>□ Tries to repeat words</td>
<td>□ Knows what basic things are (brush, spoon)</td>
<td>□ Repeats words heard in conversation</td>
</tr>
<tr>
<td>□ Finds hidden things easily</td>
<td>□ Tries to feed doll/stuffed animal</td>
<td>□ Begins to sort shapes and colors</td>
</tr>
<tr>
<td>□ Starts to use things correction (cup, brush)</td>
<td>□ Can follow 1 step verbal commands</td>
<td>□ Completes sentences and rhymes in books</td>
</tr>
<tr>
<td>□ Puts things in and out of container</td>
<td>□ Points to a body part</td>
<td>□ Builds towers of 4 or more blocks</td>
</tr>
<tr>
<td>□ Follows simple directions, like pick up toy</td>
<td>□ Walks alone</td>
<td>□ Follows two step instructions</td>
</tr>
<tr>
<td>□ Gets to sitting position without help</td>
<td>□ May walk up steps and run</td>
<td>□ Stands on tiptoe</td>
</tr>
<tr>
<td>□ Pulls up to stand</td>
<td>□ Can help undress self</td>
<td>□ Kicks a ball</td>
</tr>
<tr>
<td>□ Walks holding furniture</td>
<td>□ Drinks from a cup and eats with a spoon</td>
<td>□ Begins to run</td>
</tr>
<tr>
<td>□ May take a few steps without holding on</td>
<td>□ Pulls toys while walking</td>
<td>□ Climbs onto and down furniture alone</td>
</tr>
<tr>
<td>□ May stand alone</td>
<td></td>
<td>□ Walks up and downstairs holding on</td>
</tr>
</tbody>
</table>

The contents of this document were excerpted from the Center for Disease Control (CDC's) Learn the Signs, Act Early! Developmental Milestones: CDC’s Developmental Milestones | CDC (https://www.cdc.gov/ncbddd/actearly/milestones/)

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