# A PEATC Do You Know....



# Virginia's Home-and Community-Based Medicaid Waivers Factsheet for Virginia's Parents

Could your child benefit from services such as respite care, personal care, assistive technology, employment services, residential services, nursing care, and/or behavior supports?

If so, you may want to check into Virginia's **Home-and Community-Based (HCBS) Medicaid Waiver** programs. Medicaid Waivers pay for a variety of services and supports for **eligible** children and adults with disabilities. They fund these supports so that the **person can live successfully in the community** instead of living in an institutional setting. In Virginia, there are two HCBS Waivers programs that individuals with disabilities my qualify for.

# 1. Commonwealth Coordinated Care (CCC+) Waiver

This waiver was designed for adults 65+ with a medical or nursing need OR individuals less than 65 years old with a disability and a medical or nursing need. This waiver does **NOT** currently have a waiting list; eligible individuals can receive services right away. You can be on **the waitlist for the DD Waiver** (which provides more services but has a large needs-based waiting list) and receive waiver supports through the CCC+ Waiver **IF** your child qualifies.

A **screening tool** called the <u>Uniform Assessment Instrument</u> will be used to see if your child qualifies for this waiver. To be found eligible for the CCC+ Waiver, an individual must meet requirements in ALL of the following:

- Functional needs (activities of daily living like dressing, transferring, toileting, eating, behavior, etc.)
- Medical/Nursing needs
- Be at risk of being placed in a nursing home within 30 days. The screening team must determine that, without the waiver services such as personal care or respite, the family will no longer be able to meet the child's needs, putting that child at risk for placement in a nursing home. Being at risk of placement in a nursing home does not mean that your child will be placed there. It simply means that without waiver services your child's health and safety are at risk.
- Meet financial qualifications

\*\*IMPORTANT\*\*
The family's income is NOT considered for eligibility purposes for Medicaid waivers.

## **Background:**

Medicaid Waivers were developed to allow people with disabilities access to services in their home and communities instead of having to live in institutions to receive services and supports.

Medicaid Waivers are an alternative to institutional placement.

People with developmental disabilities living, working and playing in their own community is the norm not the exception.

#### **Contact Us:**

800-869-6782 / 703-923-0010 www.peatc.org Hablamos Español

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# 2. Developmental Disabilities Waiver (DD Waiver)

This waiver serves individuals of any age with a developmental disability/delay (DD), including intellectual disability There are three DD Waivers:

- **Building Independence Waiver (BI)** This waiver is for adults 18 years and older who are able to live independently and need minimal supports.
- Family and Individual Support Waiver (FIS) This waiver is for both children and adults. People with this waiver may live with their family, friends, or in their own homes and need support to do so.
- Community Living Waiver (CL) This waiver is for both children and adults. People with this waiver usually require support in their homes all the time. This is the only waiver that funds services in congregate settings like a group home.

In addition to meeting financial eligibility requirements, an individual

- Must be diagnosed with a developmental disability that affects their ability to live and work independently.
- Must have functional needs as determined by an assessment instrument called the Virginia Individual Developmental Disabilities Eligibility Survey (VIDES).
   There is a different VIDES for Infants, Children, and Adults.

Everyone found eligible for the DD Waiver is added to the **statewide waiting list** and assigned a **Priority Status** based on how quickly they need help. Individuals in Priority 1 status are served first when funding is available. Individuals on the DD Waiver waitlist may be eligible for the DBHDS <u>Individual and Family Support</u> Program and Crisis Services. Case management services may also be available.

### More information can be found at:

www.thearcofva.org/introduction-to-medicaid-waivers

www.mylifemycommunityvirginia.org



# Medicaid vs. Medicaid Waivers

Medicaid is a health insurance program for individuals with low income. Medicaid for children is based on the parents' income. Medicaid for individuals 18 and older is based on the individual's income.

Medicaid Waivers fund community-based supports and services needed to keep participants out of an institution. Children and adults who have a Medicaid waiver also receive Medicaid health insurance.

A Medicaid Wavier and Medicaid health insurance are different.

#### Where to Start

To request a screening for the CCC Plus waiver, contact your local health department or local department of social services.

To request a screening for the DD Waiver, contact the Community Services Board for your county/city.

PEATC's mission focuses on building positive futures for Virginia's children by working collaboratively with families, schools, and communities to improve opportunities for excellence in education and success in school and community life.

For more information about us, please contact:

800-869-6782 / 703-923-0010

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