



# LET'S TALK ABOUT SEX

## SEXUAL HEALTH AND WELLNESS WORKSHOP FOR PARENTS OF STUDENTS WITH DISABILITIES

If you find it uncomfortable to talk with your child about sexuality and puberty, you're not alone. Most parents do. However, being comfortable talking about this with your child is so important, as these conversations are critical to your child's health and safety. They help your child with a disability develop self-care skills, cultivate social skills, gain an understanding of appropriate behaviors, increase personal safety, and work toward becoming a more independent adult.

Parents know their children best and are the ones who determine when and what information their child needs regarding sexual health. This training will provide information for parents/guardians and offer practical tools and strategies you can use along your child's journey to adulthood.

**July 20 and July 21, 2022**  
**6:00 pm - 8:00 pm**

THIS TRAINING HAS 2 SESSIONS. REGISTRANTS SHOULD PLAN TO ATTEND BOTH THE JULY 20TH AND JULY 21ST VIRTUAL SESSIONS.

**REGISTER: <https://bit.ly/3Nvw4s3>**

