

# Sexual Health And Wellness Virtual Sessions For Youth With Disabilities

For youth with disabilities ages 14 - 22

This is part of a series of sessions designed specifically for Virginia youth with disabilities.

These trainings are designed to increase an individual's capacity for self-advocacy and decision-making.

Throughout these 5 sessions we will cover important topics including: setting and respecting boundaries, consent and body rights, safe and healthy behaviors, and public versus private body parts, places and behaviors.

**DSHN**  
Disability-inclusive  
Sexual Health Network



www.peatc.org  
partners@peatc.org  
703-923-0010



## Upcoming 2022 Sessions

### Dates / Topic

- August 1st** - Consent and Body Rights
- August 8th** - Get Away and Tell
- August 15th** - Public and Private
- August 22nd** - Social Media and Online Safety
- August 29th** - Safe and Healthy Boundaries

**Time: 6:00 - 7:00 pm**  
**Sessions will be held via zoom.**

**REGISTER HERE:**

<https://bit.ly/3aETJYx>



**Individuals under age 18 or under guardianship must be registered by parent or guardian.**