



PEATC's Transition to Adulthood Newsletter

Self-Advocacy

Self-advocacy is an important life-long skill. It is about learning how to speak up for yourself, making decisions about your life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, solving problems, listening, and learning, asking for help, and even making friends. Building self-advocacy skills in students with disabilities will help them succeed in school and in life. Parents and teachers can help them build these skills from an early age, the earlier the better. But it is never too late to start building and improving self-advocacy skills.

Helpful PEATC Resources

[Guide to Transition for Families of Youth with Disabilities in Virginia](#)

Factsheets:

- [Self-Advocacy Parent Factsheet](#)
- [Self-Advocacy Youth Factsheet](#)
- [Self-Advocacy Youth Factsheet \(Visual\)](#)
- [Self-Directed IEPs Factsheet](#)
- [Life Skills Checklist](#)

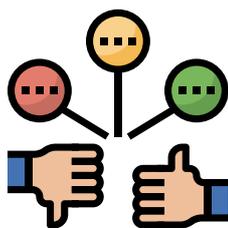
Check out additional PEATC resources here: <https://bit.ly/3v2yMx9>

PEATC Transition Happenings

Transition University June 12 through August 7

Join us for this FREE 5-week SELF-PACED online course that focuses on providing parent-friendly transition information to help make transition planning easier. This course is designed for parents/caregivers of elementary, middle, or high school students that receive special education services, but is open to everyone. The goal is to share factual information on transition services and to help make the transition from school services to the adult services world less confusing.

REGISTER HERE: www.tusummer2022.eventbrite.com



Teaching Consent June 13, 2022 | 6:00 pm

The rates of sexual abuse among people with intellectual and developmental disabilities (IDD) are staggering. During this webinar, we will look at reasons why people with IDD are at risk for sexual violence and share tips and strategies for teaching giving and getting consent.

REGISTER HERE: <https://bit.ly/3JXjUWu>

Supported Decision-Making and Money Management June 15, 2022 | 6:30 pm

Supported Decision-Making is a way for people with disabilities to make their own decisions, with support from people they trust, and be more in control of their lives and rights. Working and managing money can be difficult for some people with disabilities, especially those who receive public benefits like SSI, SSDI, and Medicaid. In this session, we'll explore ways people can use Supported Decision-Making to manage their money, create financial goals in IEPs, work and earn money while maintaining benefits, create person-centered plans around money management, and use Powers of Attorney and ABLÉ accounts.

REGISTER HERE: <https://bit.ly/3kRYNKT>



PEATC Transition Happenings

Disability Benefits: VA's Medicaid Waivers

June 21, 2022 | 6:30 - 8:00 pm

Presented in Spanish. There are a number of government benefits available to individuals with disabilities. It's important to understand that public benefits such as personal assistance, employment, and community-based support can play an important role in planning for the future. Virginia's Medicaid Waivers can help provide important services. But navigating the Medicaid Waiver system can be difficult, time-consuming, and overwhelming. This workshop explains how Medicaid waivers work and how you can access them so that you can live successfully in the community.

REGISTER HERE: <https://bit.ly/3MqKxoy>



WAZE en Español

July 5 - August 2, 2022

Presented in Spanish, WAZE en Espanol is a FREE and SELF-PACED training that provides information on transition planning and the importance of the Transition IEP in helping students be successful in their education, future employment, and independent living.

REGISTER HERE: <https://bit.ly/38kkBvM>

WAZE to Adulthood Student Training

July 13 and 14, 2022

This zoom training for students will discuss how to be a great self-advocate when it comes to planning for the future and participating in an IEP meeting. There are 3 sessions to choose from!

REGISTER HERE: wazestudents2022.eventbrite.com

PYE (Parent and Youth Engagement) Summit

August 6, 2022

Join us on August 6th at the Great Wolf Lodge in Williamsburg for our annual PYE Summit. This summit is for youth with disabilities (ages 12-22) and their parents to gain valuable information from topic experts and exhibitors and to network and connect with other families. Youth and parents will leave the PYE Summit empowered by the experience and better able to advocate for their future.

REGISTER HERE: <https://pye2022.eventbrite.com>



Community Happenings

NAMICon2022

June 14 - 16

NAMI (The National Alliance on Mental Illness) is holding its Annual Conference. FOR MORE INFORMATION, VISIT: <https://bit.ly/3xfq6Vs>

The Arc of the VA Convention

August 1 - 3

This annual state convention will take place in Virginia Beach and virtually. Limited scholarships are available. For more information, visit: <https://bit.ly/3Mw4SYX>

*Know of other transition to adulthood related happenings?
We would love for you to share those with us at PEATC [here](#).*

Don't Forget!

Summertime is coming. It's a great time to get some experience through volunteering. Talk to school counselors for community opportunities or click for a listing of resources:

[Virginia Volunteer Centers](#)

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