



The Transition IEP

What is a Transition IEP and why is it important?

The Transition IEP is a plan that focuses on your future. It has your goals and includes the services and supports you need to be successful in school. Your Transition IEP also prepares you for life after school is over. When you are age 14, your team, which includes you and your parents, starts important planning for your future. This is called **Transition Planning** (moving from childhood to adulthood). The **Transition IEP** is your plan for reaching your adult goals.

Don't worry if it seems hard. Your parents and IEP team are there to help and support you!

Your goals might include:

- ✓ To be happy
- ✓ To be independent
- ✓ To live and be included in your community
- ✓ To have friends and relationships
- ✓ To work in a job, you enjoy
- ✓ To continue to learn
- ✓ To be healthy
- ✓ To have options and make your own choices
- ✓ To have the help you need



A **Transition IEP** can help you set those goals that will let you achieve your dreams. It is not a separate plan. It is part of your regular IEP.



What's included in a Transition IEP?

Your **Transition IEP** should include goals, services and supports related to your plans for:

- ✓ Post-secondary education (college, job training programs)
- ✓ Employment, including supported employment
- ✓ Independent living
- ✓ Community participation
- ✓ Self-Advocacy (speaking up for yourself)
- ✓ Other things important to you.



Your Transition IEP should include big goals for life after high school and smaller goals that help you reach the big ones. Your team can help you develop your goals and figure out what services and supports you need to reach your big and small goals.

This is your future so be sure you are a part of it. Share what you are good at, what you like, what you are interested in, and what you need to get better at.

You can change your Transition plan at any time!

New opportunities can come up at any time so make the most of them!

PEATC - Serving All of Virginia— 800-869-6752 – www.peatc.org



The contents of this factsheet were developed under a grant from the US Department of Education, #H235F200001. However, those contents do not necessarily represent the policy of the US Department of Education, and you should not assume endorsement by the Federal Government Project Officer. PEATC is not a legal services agency and cannot provide legal advice or legal representation. Any information contained in this training is not intended as legal advice and should not be used as a substitution for legal advice.

