



WAZE TO  
ADULTHOOD

July 2022

Planning for the Future

PEATC's Transition to Adulthood Newsletter

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## Person-Centered Planning

Person-Centered Planning (PCP) is a great way to go about developing the vision for your child. PCP is all about keeping the person with the disability at the center of any decisions made about their life. Your child's choices, what they like and dislike are key to this process. It's about creating dreams as a first step and having the team honor those hopes and dreams. The PCP process celebrates your child's strengths, gifts, and talents that can help them reach that end in mind.



## Helpful PEATC Resources

[Guide to Transition for Families of Youth with Disabilities in Virginia](#)

[I'm Determined One-Pager](#)

[Person-Centered Planning: PATH, MAPS, and Circles of Support](#)

### Factsheets:

- [Person-Centered Planning \*\*Parent\*\* Factsheet](#)
- [Person-Centered Planning \*\*Youth\*\* Factsheet](#)
- [Person-Centered Planning \*\*Youth\*\* Visual Factsheet](#)

Check out additional PEATC resources [here](#)

# PEATC Transition Happenings

## Transition University

**June 12 through August 7**

There is still time to join us for this FREE 5-week SELF-PACED online course that focuses on providing parent-friendly information to help make the transition for students with disabilities planning easier. This course is designed for parents/caregivers of elementary, middle, or high school students that receive special education services, but is open to everyone. The goal is to share factual information on transition services and to help make the transition from school services to the adult services world less confusing and more effective.

REGISTER HERE: [www.tusummer2022.eventbrite.com](http://www.tusummer2022.eventbrite.com)

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## WAZE en Español

**July 5 - August 2, 2022**

Presented in Spanish, WAZE en Espanol is a FREE and SELF-PACED training that provides information on transition planning and the importance of the Transition IEP in helping students be successful in their education, future employment, and independent living.

REGISTER HERE: <https://bit.ly/38kkBvM>

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## Youth Sexual Health and Wellness Training

**Every Monday in August: 8/1, 8/8, 8/15, 8/22, and 8/29**

This 5-part series is designed specifically for Virginia youth with disabilities. The trainings are designed to increase an individual's capacity for self-advocacy and decision-making.

These 5 sessions will cover important topics including setting and respecting boundaries, consent and body rights, safe and healthy behaviors, and public versus private body parts, places and behaviors.

REGISTER HERE: <https://bit.ly/3aETJYx>

# PEATC Transition Happenings

## Family Engagement through the Ages

August 17, 2022 | 6:30 pm

This interactive panel discussion will explore the importance of family engagement in early childhood and in preparing the student for life after high school including: What does family engagement look like in the early years and how does it evolve as the student transitions through middle school, high school, and adulthood? Join us as we discuss these topics and explore others.

REGISTER HERE: <https://bit.ly/3t3rYPU>



## Community Happenings

### The Arc of the VA Convention

August 1 - 3

The Arc of the VA Convention will be from August 1st to 3rd. You can register for this annual event by clicking on this link.

<https://www.thearcofvaconvention.com/registration>

### Critical Decision Points for Families of Children with Disabilities

August 12

Virginia Department of Education will host an in-person training on “Critical Decision Points for Families of Children with Disabilities”.

Registration is open to the first 100 participants. Click here for more information: <https://bit.ly/3bV5QlQ>

# Community Happenings

## Center on Transition Innovation, VCU (CTI-VCU) has several self-paced online courses available:

- Get Ready for Independent Living  
<https://centerontransition.org/training/independent.cfm>
- Get Ready for Your College  
<https://centerontransition.org/training/getready-career.cfm>
- Get Ready for Your Career  
<https://centerontransition.org/training/getready.cfm>

*Know of other transition to adulthood related happenings?  
We would love for you to share those with us at PEATC [here](#).*

## Don't Forget!

Check out events that will be taking place at various Virginia State Parks - <https://www.dcr.virginia.gov/state-parks/events> and with National Park Services - <https://www.nps.gov/planyourvisit/event-search.htm>

Also, make sure to check with your local parks and recreation in your city for events that are taking place this summer!

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