Self-Directed IEPs

Your IEP (Individualized Education Program) is like a roadmap for planning your life after high school. Having a self-directed IEP means that you are the one taking the lead in your IEP meeting.

Ways to be involved in your IEP meeting

✓ Invite people who know you to the meeting
✓ Plan what you will tell the IEP team
✓ Share what you are good at, and what you need help with
✓ Make goals for yourself
✓ Ask questions about things you do not understand
✓ Advocate for what you need
✓ Respect and listen to others
✓ Thank the people at your meeting
During your meeting, share with everyone:

- What you like
- Your vision for the future
- What you can do
- What you need help with
- What you already have achieved
- What you hope to achieve

Remember the IEP meeting is about YOU and YOUR LIFE!