



## Self-Directed IEPs

Your IEP (Individualized Education Program) is like a roadmap for planning your life after high school. Having a self-directed IEP means that you are the one taking the lead in your IEP meeting.

### Ways to be involved in your IEP meeting

- ✓ Invite people who know you to the meeting 
- ✓ Plan what you will tell the IEP team 
- ✓ Share what you are good at, and what you need help with 
- ✓ Make goals for yourself 
- ✓ Ask questions about things you do not understand 
- ✓ Advocate for what you need 
- ✓ Respect and listen to others 
- ✓ Thank the people at your meeting 

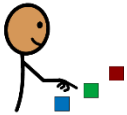


# WAZE TO ADULTHOOD

# Planning for YOUR Future

During your meeting, share with everyone:

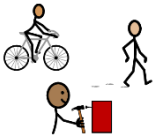
What you like



Your vision for the future



What you can do



What you need help with



What you already have achieved



What you hope to achieve

PLAN	
1.	_____
2.	_____
3.	_____

**Remember the IEP meeting is about YOU and YOUR LIFE!**

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