



September 2022

Planning for the Future

PEATC's Transition to Adulthood Newsletter

What is a Self-Directed IEP?

An important part of self-advocacy for youth with disabilities is taking an active role in their IEP meetings. Your child's IEP is a roadmap for planning their future. It shows where they want to be and how they are going to get there. Students are strongly encouraged to participate in or lead their IEP, especially those related to transition. The earlier your child is involved in the development of their IEP, the better. Students who practice leadership skills in IEP meetings and other settings while in high school are also more successful in jobs, college, trade school, volunteering, etc.

Helpful PEATC Resources

Factsheets in English:

- [Self-Directed IEPs **Parent** Factsheet](#)
- [Self-Directed IEPs **Youth** Factsheet](#)
- [Self-Directed IEPs **Youth Visual** Factsheet](#)
- [Student IEP Input](#)

Factsheets in Spanish:

- [Self-Directed IEPs **Parent** Factsheet](#)
- [Self-Directed IEPs **Youth** Factsheet](#)
- [Self-Directed IEPs **Youth Visual** Factsheet](#)
- [Student IEP Input](#)

[Guide to Transition for Families of Youth with Disabilities in Virginia](#)

Check out additional PEATC resources [here](#)

PEATC Transition Happenings

Turning 18 in Virginia September 28th | 6:30 pm



Turning 18 is a big deal. An 18-year-old is legally considered an adult in Virginia and can make legal, financial, medical, and educational decisions in their life. For some individuals with disabilities, this will not be an issue. Others may need support. This workshop will share basic information about things that need to be considered as your loved one turns 18.

[Register HERE](#)



Transition University October 10th - November 29th

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[Register HERE](#)

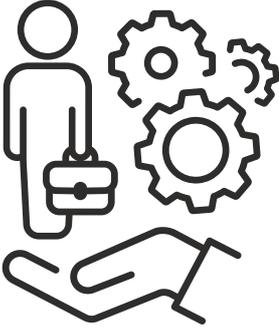
What's Happening in Virginia

Transition Series September 24th and October 29th

The Arc of Northern Virginia will host their annual 2-day interactive event, the Transition Series. This event is designed to educate and empower families and individuals with disabilities as they transition from school-provided services to community-based services for adults.

[For more information, click HERE](#)

What's Happening in Virginia



Assistive Technology Expo

September 28th | 9:00 am - 3:00 pm

Hosted by T/TAC, this assistive technology vendor expo is an opportunity for educators, administrators, related service providers, and families in the Southwest Virginia regions to meet with and ask questions of some of the premier assistive technology vendors from Virginia and across the nation.

[For more information, click HERE](#)

Sports Explosion Weekend October 22nd and 23rd



District 24-I Lions and Old Dominion University will launch the first-ever Sports Explosion Weekend for youth with visual impairments aged 9 to 19 years. This unique opportunity will take place at Triple R Ranch in Chesapeake, Virginia.

For more information on attending the program, please contact Lion Pat Kerr at lionpatk@cox.net.

*Know of other transition to adulthood related happenings?
We would love for you to share those with us at PEATC [here](#).*

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