



## Transition Planning for Youth in Foster Care

An **Individualized Educational Program (IEP)** and **Foster Care Transition Plan** can help you set goals that will let you achieve your dreams. You have the right to be actively involved and make decisions in both your school Transition IEP and Foster Care Transition Plan. This is your future so be sure you are a part of it. Make sure to:

- ✓ Say what you are good at
- ✓ Say what you like and don't like
- ✓ Tell others what you are interested in
- ✓ Speak up for yourself and what you want for the future



**Who is there to help you at your IEP and Foster Care Transition Plan meetings:**

- ✓ **You**
- ✓ **Important Family Members**
- ✓ **Foster or Resource Parent**
- ✓ **Foster Care Case Manager or Service Worker**
- ✓ **Independent Living (IL) Coordinator**
- ✓ **Teachers**
- ✓ **Testing Experts**
- ✓ **School Administrator**
- ✓ **Any other supportive people you would like**



## Some things to remember when planning for your future:

- ✓ Take part in a life skills assessment (usually the Casey Life Skills Assessment) to identify strengths, interests, and needs related to your future.
- ✓ Ask about and participate in activities, education, and training both at school and in the community (i.e., mentoring, budgeting skills, independent living, career, and vocational training)
- ✓ Ask about funding that can pay for programs that help you transition to adulthood.
  - **Chafee Program:** funding for independent living services like high school, GED, or postsecondary education and training and opportunities to practice daily living skills.
  - **Educational and Training Vouchers (ETV)** can be used for postsecondary education, training, and other costs related to your education like housing and meals, books and supplies, transportation to and from school, or childcare.
- ✓ Meet with your caseworker regularly to discuss your progress or any concerns.

**You can change your Transition plan at any time!**

**New opportunities can come up at any time so make the most of them!**



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