

# Sexual Health and Wellness Virtual Sessions for Youth with Disabilities

For Youth  
ages 14 - 22

This is part of a series of sessions designed specifically for Virginia youth with intellectual and/or developmental disabilities. These trainings are designed to increase an individual's capacity for self-advocacy and decision-making. Throughout these 3 sessions we will cover important topics including consent, social media and online safety, and the topics of public vs. private body parts, places, and behaviors.

**Let's Talk About It...**

LET'S TALK ABOUT IT

Sexual Health!



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## March 2023 Sessions

### Dates/Topics

**March 6th** - Public vs. Private

**March 13th** - Consent

**March 21st** - Social Media and Online Safety

**Time: 6:00 - 7:00 pm**  
Sessions will be held via zoom.

**REGISTER HERE:**

<https://bit.ly/3H3bKw6>



**DSHN**  
Disability-inclusive  
Sexual Health Network



**Individuals under age 18 or under guardianship must be registered by parent or guardian.**