

# Sexual Health and Wellness Virtual Sessions for Youth with Disabilities

For Youth  
ages  
14 - 22

This is part of a series of sessions designed specifically for Virginia youth with intellectual and/or developmental disabilities. These trainings are designed to increase an individual's capacity for self-advocacy and decision-making. Throughout these 3 sessions, we will cover important topics including body rights and autonomy, leaving unsafe situations and reporting them, as well as building and maintaining romantic relationships.

Let's Talk About It...

LET'S TALK ABOUT IT

Sexual Health!



www.peatc.org  
partnersepeatc.org  
703-923-0010

## July 2023 Sessions

### Dates/Topics

- |                  |                             |
|------------------|-----------------------------|
| <b>July 11th</b> | - My Body Belongs to Me     |
| <b>July 12th</b> | - Get Away and Tell Someone |
| <b>July 13th</b> | - Romantic Relationships    |

**Time: 10:30 am - 11:30 am**

**Eastern Standard Time**

Sessions will be held via Zoom.

They will not be recorded.

**REGISTER HERE:**

<https://bit.ly/3Wh1o31>



**Individuals under age 18 or under guardianship must be registered by parent or guardian.**