Future Planning

As our children prepare for adulthood it is very important to think about what their future will be and how to make sure they and you are ready! After all, as much as we don’t want to think about it, as parents, we will not be around forever. So you want to be prepared. Futures planning includes thinking about where your child will live and with whom, where they will go to school, where they will work, how they will get places, how they will make decisions, with or without support, and how their health care will be addressed. And these are just a few of the areas to think about.

Helpful PEATC Resources

Factsheets in English:
- Independent Living Life Skills Checklist
- Digital Portfolio for Families: Organizing Health and Educational Documentation
- Person-Centered Planning Factsheet
- Supported Decision Making and Managing Your Money
- Supported Decision-Making and Your Health

Factsheets in Spanish:
- Independent Living Life Skills Checklist
- Healthcare Checklist
- Person-Centered Planning Factsheet

Check out this resource!

The Arc Center for Future Planning Build Your Plan is a tool to help people with intellectual/developmental disabilities (I/DD) think about and plan for their future.

Check out additional PEATC resources here
YET Council Meeting
August 14th | 6:00 pm

Do you know of a youth aged 14-26 that is a good self-advocate or wants to learn self-advocacy skills? The YET Council is looking for new youth council members to join in on conversations! The Youth Empowerment Transition (YET) Council is a group that empowers Virginia students with disabilities, ages 14-26, as they begin their transition from High School to Adulthood with monthly discussions about empowering themselves and increasing their self-advocacy.

Meetings are held on Zoom every 2nd Monday of the month. If you know of a youth who would be interested in joining the YET Council, contact Kendra Wormley at kwormley@peatc.org for more information.

The YET Council and PEATC team THANK YOU for supporting our T-Shirt Fundraiser! We have extended it ONE MORE DAY! Saturday, August 5th is the last chance to purchase this one of a kind shirt designed by our very own Youth Empowerment Transition Council.

Order yours HERE!

Disability Benefits: VA Medicaid Waivers
September 20th | 5:00 pm

It’s important to understand the benefits available for individuals with disabilities such as personal assistance and community support and the important role these benefits can play in planning for the future. Navigating state disability services can be difficult, time-consuming, and overwhelming. This workshop explains Virginia’s Medicaid Waivers, eligibility for services, and how to obtain this state benefit. This workshop is in partnership with Portsmouth Public Schools Parent Resource and Information Center.

REGISTER HERE
Other Happenings

Career Café: Chatting with Employers
August 17th | 3:00 pm - 4:00 pm

Join DARS as they chat with employers in Virginia to learn about careers that are offered in State, Local, or Federal Government. REGISTER HERE

Check this out!

RAISE just put out the latest issue of The Standard. It focuses on recreation and leisure activities that can be included in your transition IEP.

Get Ready for Independent Living
This self-paced course from VCU’s Center on Transition Innovations is for students, grades 8 and higher, who want to learn more about the skills and knowledge necessary for independent living. Educators, school counselors, service providers, and family members are welcome to take the course also.