



Planning for YOUR Future

Vocational Rehabilitation (VR) Services

Vocational Rehabilitation (VR) Services help students with disabilities to prepare to get a job, get a job, and keep a job. In Virginia, VR services are offered through the Department for Aging and Rehabilitative Services (DARS) and the Virginia Department for the Blind and Vision Impaired (DBVI). Below are some things a VR Counselor can help you with.



Vocational Evaluations – Working with someone who will ask you questions and have you try different things to help you find what you are good at and what kind of job you would be good at doing. This can be done in the community or at school.



Career Exploration – Learning about different jobs that you may be interested in and learning about what jobs are near where you live. You can explore what skills and talents you have.



Job Training – Helping you to learn a job and the skills you will need to be successful at your job.



Job Placement Assistance – Helping you with finding a job, filling out applications, doing a resume, and helping with interview skills.



Life/Independent Living Skills Training – Helping you in learning skills that will allow you to be as independent as possible when it comes to a job.



Job Coaching – Providing help when you have a job to help you learn what your job duties are and how to be successful at your job.

How To Apply For Services

You can call or email the local DARS or DVBI office near you to make an appointment. When you meet with someone, they ask you lots of questions so that the VR counselor can decide if you are eligible and if so, how they can help you get a job!

To find an office near you, use the link below:



Department of Aging Rehabilitative Services (DARS)

www.vadars.org/office.html



Department for the Blind and Vision Impaired (DBVI)

www.dbvi.virginia.gov/apps/dbviloc/Offices.aspx



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