



## Preparing for College

### What’s the same? What’s different?

High school and college are very different. Things change like where you will go to class, where you will live, what you are responsible for, and so many other things. But just like in high school, it is important for you to practice your self-advocacy skills in college especially once you turn 18.

	High School	College
<b>Parent Involvement</b>	Parents are part of the IEP team and can see all of your school records and grades.	You are responsible for telling others your needs and asking for help. Parents do not communicate with professors or have access to grades without your permission.
<b>Advocating</b>	Parents, teachers, and students advocate for services.	You are responsible for contacting and working with Disability Services Office on campus and advocating for services and accommodations.
<b>Important Laws</b>	Individuals with Disabilities Education Act (IDEA) for students receiving special education services under an IEP.	Section 504, Rehabilitation Act, Americans with Disabilities Act (ADA). Student must be eligible for accommodations.

**Remember, there are NO IEPS or 504 PLANS in college!**



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ADULTHOOD**

## Planning for YOUR Future

### College Disability Services

- ✓ On your college campus, there is an office that provides accommodations (supports) to students. It could be called the Disability Services Office, Office of Student Accommodations, or another name. The only way to get the accommodations you need is through this office. You can find this information on your college's website.
- ✓ Once you find your college's Disability Services Office, you can sign up for services. You most likely will have to fill out forms and provide them with certain information. Ask them in advance what information they will need.
- ✓ After you sign up, schedule a meeting so that you can meet with someone to look over your information and request the accommodations you need.
- ✓ You will have to give your accommodations paperwork from the Disability Services Office to your professors. This is your responsibility!



### Things to remember



- ✓ Every college is different and they have different rules and policies. Check out the Disability Services Office before you apply to the college.
- ✓ Don't wait! Accommodations don't happen until you give your disability services accommodation letter to your professor.



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