



TRANSITION UNIVERSITY

Presented by PEATC in collaboration with the Virginia Department of Education (VDOE)



**A FREE Parent-Friendly 5-Session
Self-Paced Online Course on
Transition to Adulthood**



WINTER 2026 SESSION

February 9, 2026 - April 13, 2026

REGISTER HERE: tinyurl.com/34z9ba3t

TRANSITION UNIVERSITY

Life is full of transitions. For families of children with disabilities, thinking about the future can bring mixed emotions. Some families are just trying to make it through day-to-day challenges and might not feel they have the energy to think about what happens after high school. Others may want to plan for that transition but are confused by unfamiliar language, complex steps, and the many agencies that may be involved in adult services.

Join us for this **FREE 5-session SELF-PACED** online course that focuses on providing parent-friendly information to help make transition planning easier. This course is designed for parents/caregivers of elementary, middle, or high school students that receive **special education** services, and the professionals that support them. Our goal is to share factual information on transition services and to help make the transition from school services to the adult services world less confusing.

A new session of the course will open each week and then remain open for the rest of the course time. A certificate of completion for 9 hours will be provided for all who complete the training.

Topics covered in this course include:

- What do we mean by Transition and Why is it Important?
- Supported Decision Making, Power of Attorney, Guardianship, and Age of Majority
- Future Planning including Special Needs Trusts, ABLE Accounts, and Letters of Intent
- Transitioning into Independent Living (employment, further education, housing, etc.)
- Connecting to Your Community and Adult Services (waivers, social security, vocational rehabilitation, etc.)
- And much more!

